

WILLESDEN CYCLING CLUB / THAMES HOSPICE
CHARITY BIKE RIDE

SUNDAY 27TH JUNE 2021

APPROXIMATELY 48KM / 30MILES

SIGN ON FROM 09:15 FOR 10:00 START FROM
THE PLOUGH P.H. WINCHMORE HILL,
AMERSHAM



The Thames Hospice has proudly served the community for more than 30 years, they offer world-class palliative and end-of-life care and support to people aged 16 years and over across East Berkshire and South Buckinghamshire.

www.thameshospice.org.uk

Thames hospice

Terms & Conditions

W.C.C. /Thames Hospice Charity Ride – 27th June 2021

By entering the event, you hereby declare that:

1. You understand that it is your responsibility to cycle with care and attention and to understand and abide by the rules, the UK Highway Code and any other rules stipulated by the event organiser before, during and after the event.
 - Under 18s: Minimum age 12
 - Under 14s can only ride with a responsible adult
 - Under 16s can only ride with a responsible adult
 - 16 and 17 year-olds can ride unaccompanied.
 - For every under 18 a Parental Consent Form **must** be filled in and signed by a parent or legal guardian and brought to the event.
2. You acknowledge that event entry is personal to you and that you may not exchange it with or sell it to or transfer it to any other person.
3. You accept that, in relation to your participation in the event, the function of the GPX file for cycle computers is to indicate direction and that you must decide if any movement you make is safe.
4. You understand and agree that you participate in the event entirely at your own risk, that you must rely on your own ability in dealing with all hazards, and that you must conduct yourself in a manner that is safe for yourself and all others throughout the duration of the event.
5. You acknowledge that participation in the event may be physically strenuous and demanding. You are aware of the nature of the event and associated medical and physical risks involved. You further certify that you are physically capable of participating in the event. You will only participate in the event if you are fit enough to do so.
6. If you have any medical condition/s, including allergies, which the event organiser or event volunteers might need to be aware of, you undertake that you have provided details of these on your entry form.
7. You accept full liability and responsibility for any medical expenses incurred because of training for and/or participating in the event.
8. Whilst the event organiser takes every care with the staging of the event, you accept that you must safeguard of your person and property during your participation in the event. Personal accident and personal items insurance are your responsibility.
9. It is your responsibility to provide and use a suitable bicycle and be dressed appropriately for the weather during the event.
10. You accept that the event organiser reserves the right to amend the event format or cancel the event due to health and safety reasons, including inclement weather or any other act of god conditions.
11. All decisions by the event organiser and event volunteers are considered final.
12. The event organiser will not be liable or responsible for any failure to perform, or delay in performance of, any of our obligations under the Terms that is caused by events outside our reasonable control.
13. You adhere to the Government British Cycling rules, restrictions and guidance for Covid-19
14. The organiser may take photos of event participants for social media and for event publicity and you give it permission to photograph you.

The 2021 Route and Important Notes



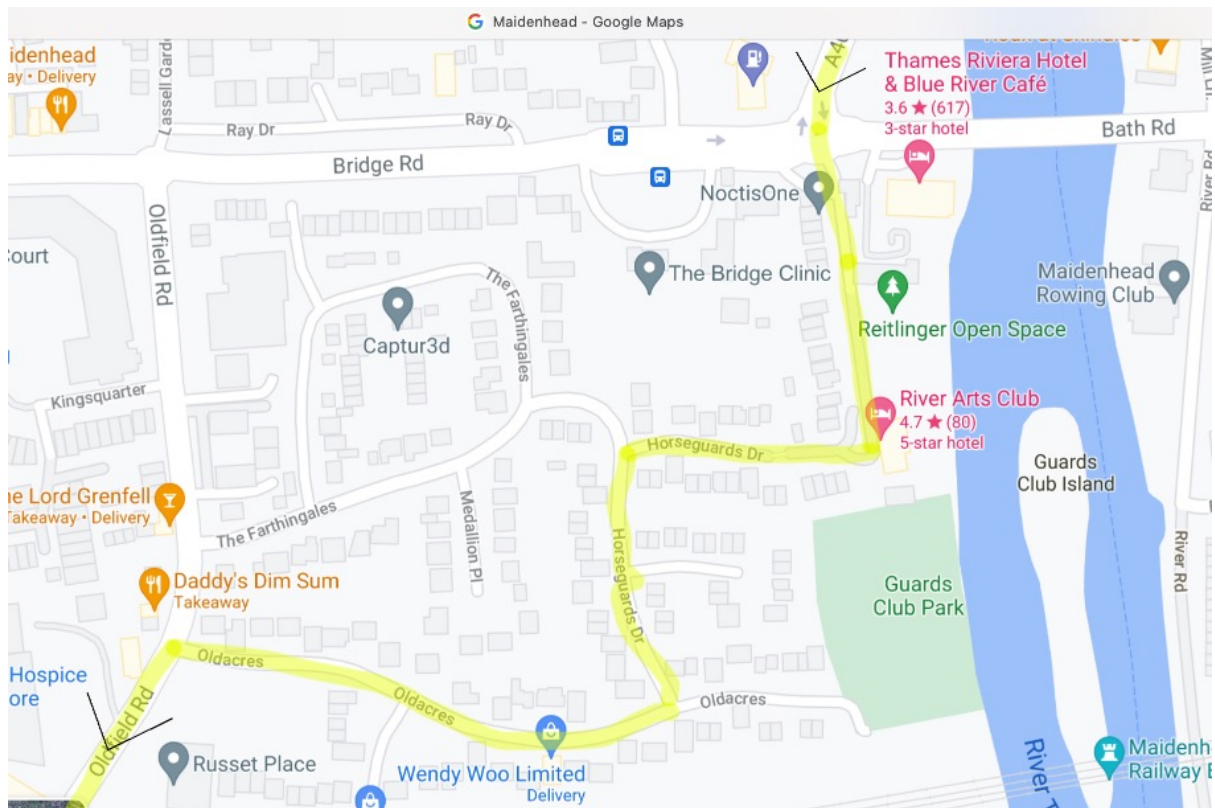
1. Start and finish at The Plough, Winchmore Hill
2. The Thames Hospice Lakeside Café
3. Beware road surface on the descent of Harvest Hill
4. Beware speed bumps on the road that passes Bray Marina
5. Take Care – Turning Right at T Junction to busy road
6. Take Care – Turning Right out of Thames Hospice
7. Take Care – Tricky route through estate following cycle route
8. TR off the service road and through the gap to follow the footpath to cross the footbridge over the M40

Willesden CC Thames Hospice Ride 2021

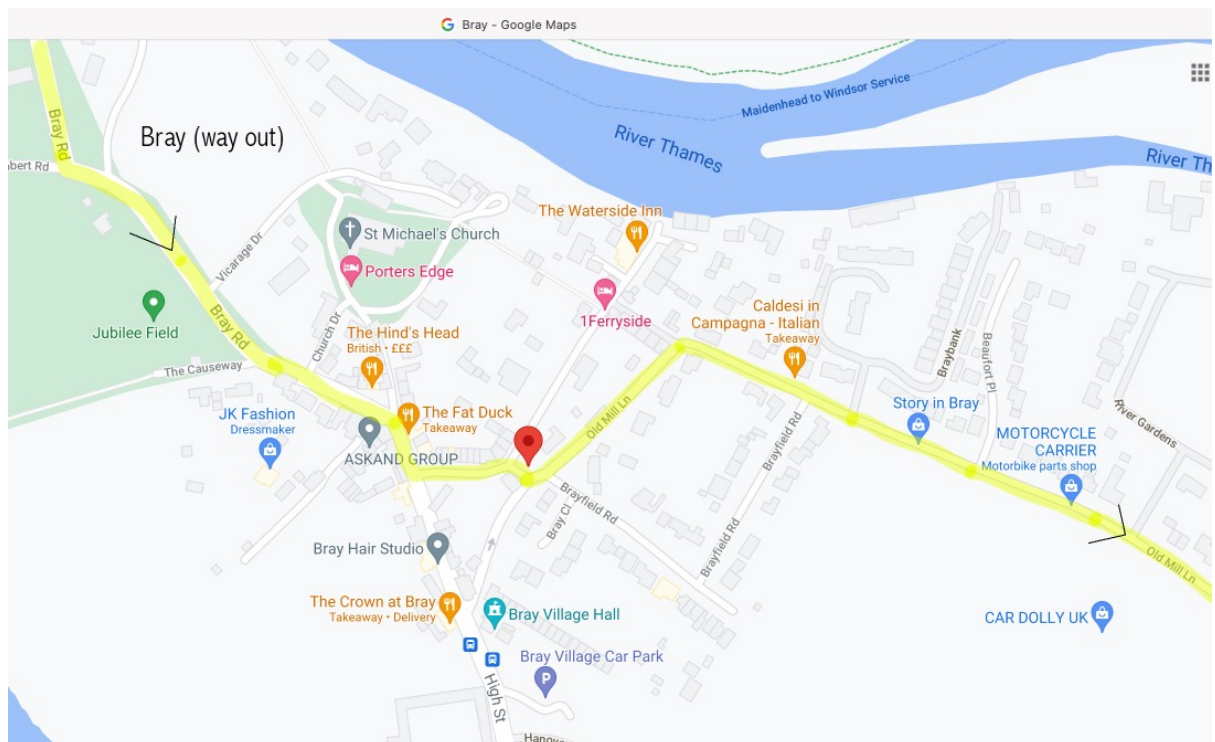
48.2 kilometers

Leg	Dir	Type	Notes	Total
	←	Left	Turn left onto Fagnall Ln	0.0
1.3	→	Right	Turn right onto Marrod's Bottom	1.4
0.6	←	Left	Turn left onto Clay St	2.0
0.8	↑	Straight	Continue onto Penn Rd/B474	2.7
2.3	↑	Straight	Enter the roundabout	5.1
0.0	↑	Straight	Exit the roundabout onto Station Rd/B474	5.1
0.0	↑	Straight	At the roundabout, take the 2nd exit onto Burkes Rd	5.1
1.7	→	Right	Turn right onto A40	6.8
0.5	←	Left	Turn left onto Broad Ln	7.3
3.3	→	Right	Slight right onto Kiln Ln	10.6
0.3	←	Left	Turn left onto Harvest Hill	10.9
1.0	←	Left	Turn left onto Heavens Lea	11.9
0.2	→	Right	Turn right onto Hedsor Rd	12.1
0.6	←	Left	Turn left to stay on Hedsor Rd	12.7
0.0	←	Left	Turn left onto Ferry Ln/A4094	12.7
5.7	←	Left	Turn left to stay on 52/61/Horseguards Dr	18.4
0.1	→	Right	Turn right onto 52/61/Oldacres	18.5
0.3	←	Left	Turn left onto 52/61/Oldfield Rd/B3028	18.8
1.8	←	Left	Turn left onto 52/Ferry Rd	20.6
0.1	→	Right	Turn right onto 52	20.6
0.0	←	Left	Turn left onto 52/Old Mill Ln	20.7
0.1	→	Right	Turn right to stay on 52/Old Mill Ln	20.8
4.0	→	Right	Turn right onto Upper Bray Rd/B3028	24.8
3.0	↑	Straight	At the roundabout, take the 3rd exit onto Bridge Rd/A4	27.7
0.7	↑	Straight	At the roundabout, take the 1st exit onto Jubilee Ln.	28.4
0.6	→	Right	Turn right onto Mill Ln.	29.0
0.5	←	Left	Turn left onto Berry Hill	29.5
0.2	→	Right	Turn right onto Rectory Rd	29.7
0.4	←	Left	Turn left onto High St	30.1
0.2	←	Left	Turn left onto Hill Farm Rd	30.3
0.2	→	Right	Turn right onto Hitcham Ln	30.6
1.5	↑	Straight	At the roundabout, take the 1st exit onto Taplow Common Rd	32.1
0.1	→	Right	Slight right onto Wymers Wood Rd	32.2
0.3	→	Right	Turn right onto Pink Ln	32.6
0.4	→	Right	Turn right onto Poyle Ln	33.0
0.3	←	Left	Turn left onto Dropmore Rd	33.2
0.1	→	Right	Slight right onto Dorney Wood Rd	33.3
3.4	→	Right	Turn right onto Littleworth Rd	36.7
1.3	←	Left	Turn left onto Ship Hill	38.0
0.9	→	Right	Ship Hill turns slightly right and becomes Woodlands Hill	38.9
0.1	↑	Straight	Continue onto Burnham Rd	39.1
0.8	←	Left	Turn left onto A355	39.9
0.2	←	Left	Turn left	40.1
0.5	→	Right	Turn right onto Windsor End	40.6
0.1	←	Left	Turn left to stay on Windsor End	40.7
0.6	↑	Straight	At the roundabout, take the 3rd exit onto Aylesbury End/B474	41.4
3.6	→	Right	Slight right onto Clay St	45.0
0.8	→	Right	Turn right onto Marrod's Bottom	45.7
0.6	←	Left	Turn left onto Fagnall Ln	46.3
0.2	→	Right	Turn right	46.5
0.8	↑	Straight	Continue onto Coleshill Ln	47.3

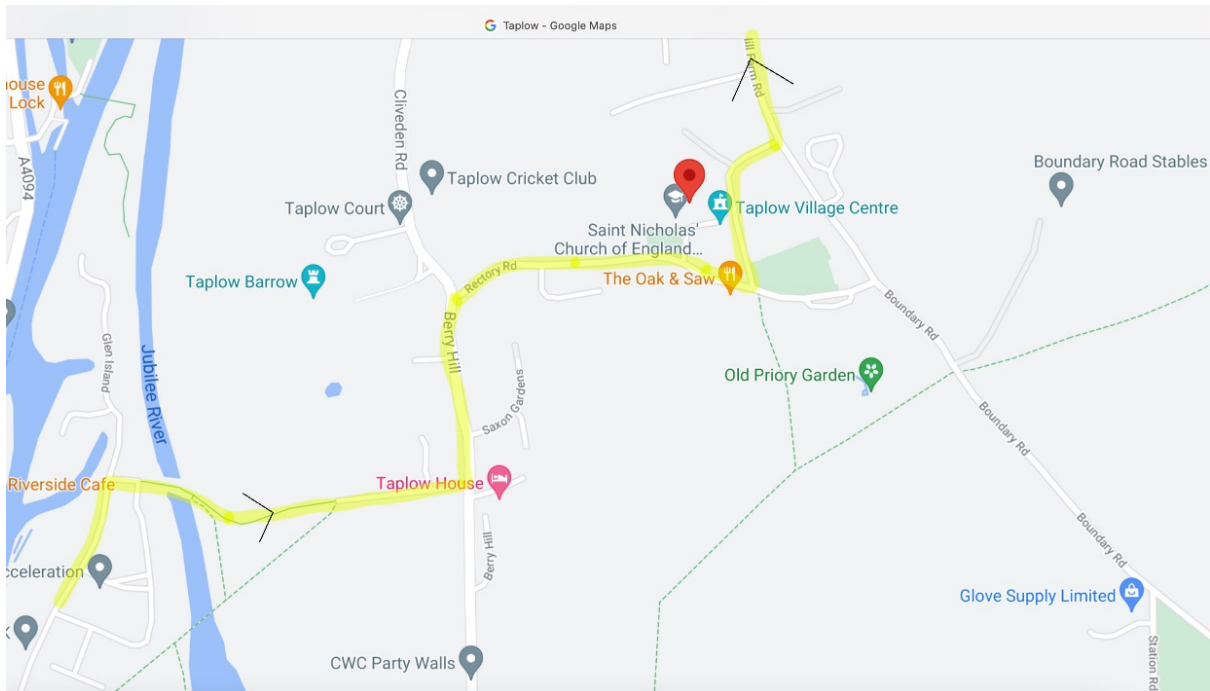
Through Maidenhead



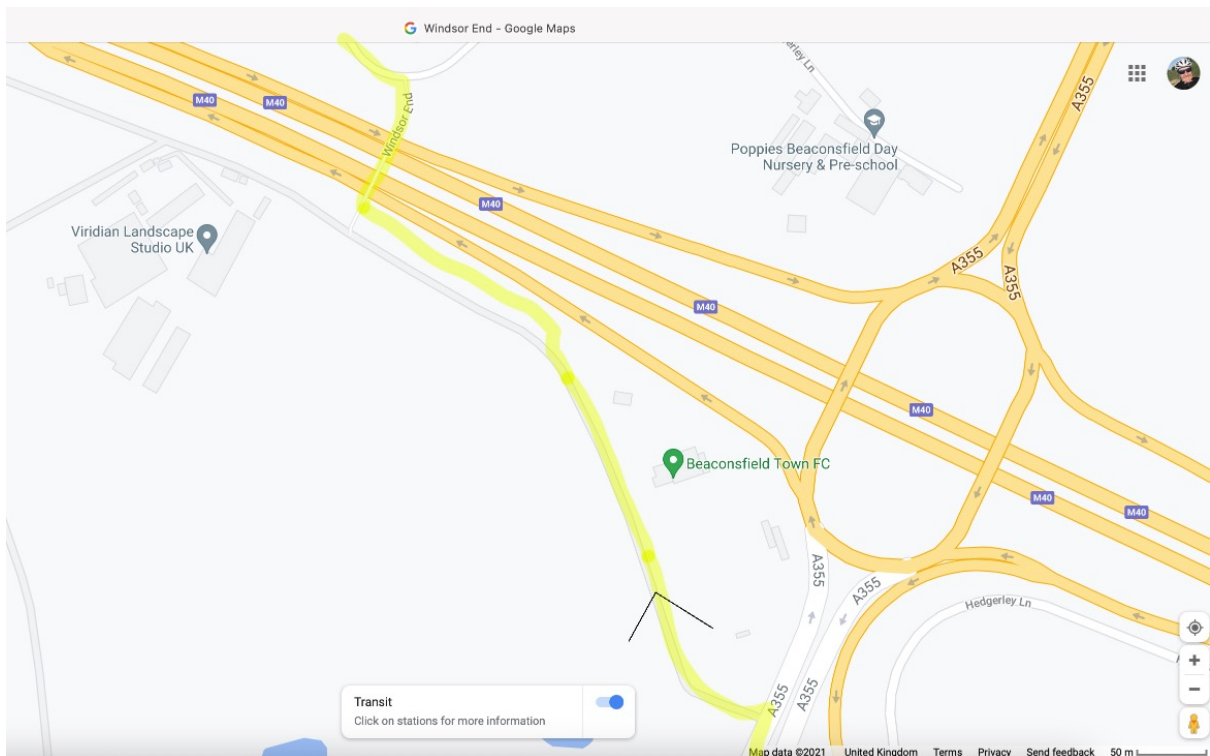
Through Bray



Through Taplow



Approaching Beaconsfield (way home)



Route Guidance

This year's route is available as a gpx download or full information available on

<https://ridewithgps.com/routes/36304911>

There **may** be some yellow arrows on the road to help you navigate



Covid 19 British Cycling Guidance

Group rides are not limited in number however, rides will be subject to a series of Covid mitigation measures, including: test and trace protocols, one metre social distancing while riding, two metre social distancing while not riding, and guidance covering hygiene, equipment sharing and self-sufficiency.

Check-in facilities of sign in or barcodes for scanning are available at the Plough and at The Lakeside Café at the Thames Hospice.

Informal group rides – such as groups of friends meeting to ride together – will be limited to 30 riders, in line with Government guidance on outdoor gatherings.

Risk Assessment

A risk assessment document has been completed for the event to be covered for insurance purposes.

Sponsorship

The official collection point for donations is:

<https://www.justgiving.com/fundraising/gerard-mcmanus>

Please note the following:

The Lakeside Café has a smaller mid- morning menu between 10.30 and 12.00 but they have agreed to run the breakfast menu until 11.30 for our ride.

The Plough P.H. will be open for takeaway food and drinks only (includes tea and coffee) due to coronavirus restrictions.

Event organiser.

Gerard McManus on behalf of the Willesden Cycling Club.

e: gerry@gerrymcmanus.co.uk

t: 07739 479858