

100Km

Kms	Instruction	Direction/sign
0.0	L	To road
0.4	R	Chalfont Cmn
0.8	L	Monument Lane
1.3	L @ T	-
2.8	L @ T	Little Chalfont
3.2	R	Little Chalfont
3.7	R @ T	Little Chalfont
4.1	R	Chorleywood
5.3	SO @ X	Latimer
7.4	R & L	Latimer
Care: steep descent to junction		
8.1	SO @ X	Flaunden
9.9	L	Chiltern Cycleway
12.6	SO	Chesham
14.9	2nd exit Rbt	Town centre
15.6	@ T R & L	Sunnyside Road
16.0	SO @ X	Lowndes Ave
16.5	R @ T	Chartridge Lane
23.2	L @ X	Gt Missenden
27.5	R @ X	Gt Missenden
28.7	R @ T	Gt Missenden
29.1	R @ Rbt	-
29.4	L @ Rbt	-
29.7	R @ Mrbt	-
29.7	SO @ Mrbt	-

Kms	Instruction	Direction/sign
29.8	L	Butlers Cross
33.1	L	Prestwood
34.2	SO X	Speen
37.3	R @ X by pub	P's Risborough
37.9	Care at turn	-
37.9	R	P's Risborough
39.4	R	Kophill
40.6	L @ T	Whiteleaf
41.6	Care: turn easily missed	
41.6	R	Upper Icknield Rd
42.6	L @ T	-
42.9	SO @ Rbt	To Askett
44.0	L @ T	Thame
45.8	SO @ Rbt	Bledlow
48.1	L	Bledlow Ridge
52.4	L @ T	West Wycombe
54.6	L	P's Risborough
56.5	R @ T	Wycombe
57.3	L	Smalldean Lane
59.3	R @ X	Naphill
60.5	R	Bradenham
62.6	L @ T	Wycombe
65.2	R @ Rbt	Oxford
68.1	L	Wheeler End
70.5	R & L	Fingest
74.4	2nd L	Frieth

Kms	Instruction	Direction/sign
76.4	SO @ X	Lane End
77.1	R @ X	Marlow
83.8	L @ T	Bourne End
84.0	R @ Rbt	-
84.3	SO @ Mrbts	Over bridge
84.7	L after bridge	Cookham Dean
89.3	SO MRbts	-
90.2	L@T	Bourne End
91.5	1st R	Wooburn Common
92.1	1st L	Heavens Lea
92.2	SO @ X	Harvest Hill (care)
93.3	R @ T	Widmoor
94.6	3rd R	Wooburn Common
94.8	1st L	Farm Shop
97.2	L @ T	-
98.5	L @ T	A355
98.7	Imm filter R	Service Station
98.8	1E Rbt	Hedgerly La
101.4	L @ T	Hedgerly La
103.9	L @ Lights	B416 Gerrards X
105.0	SO @ Lights	Over A 40
107.3	L before Rbt	Lower Rd
108.0	2e MRbt	-
108.1	1E Rbt	Chalfont St Giles
108.3	L	FINISH!!

Legend : R=Right, L=Left. T=T Junction,
 SO=Straight On, X=Cross Roads,
 Rbt=Roundabout, Mrbt=Mini-Roundabout,
 Imm=Immediately